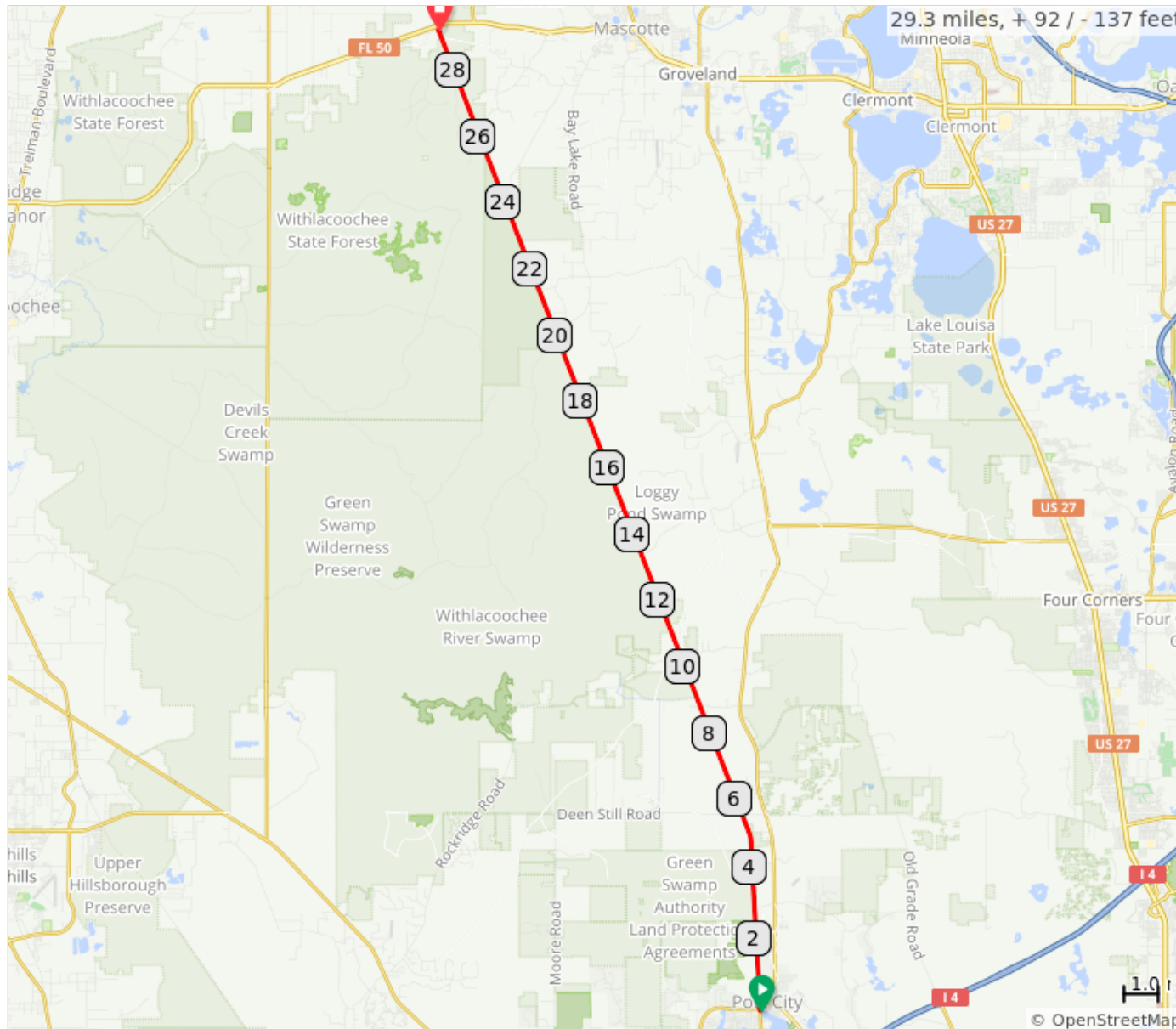






General James A. Van Fleet Trail



This former railroad extends 29.2 miles from Polk City to Mabel and traverses three counties: Polk, Lake, and Sumter. Officially designated as part of Florida's Statewide System of Greenways and Trails and is one of Florida's most rural, paved rail-trails. Also designated as a National Recreation Trail®, the Van Fleet State Trail runs through the Green Swamp, the headwaters for some of Florida's most popular paddling destinations, including the Withlacoochee, Hillsborough, and Peace rivers.

Stay safe by wearing a helmet and visible clothing at all times. Want to support bicycle safety and education in Florida? Get the SpecialtyLicensePlate! Go to sharetheroad.org for more info.

General James A. Van Fleet Trail

Num	Dist	Type	Note
1.	0.0		Start of route
2.	0.0	<i>i</i>	Trail Start at Polk City Trailhead, 7683 Berkley Rd Polk City, FL 33868
3.	0.0		Right onto Teco Auburndale Trail
4.	0.1		Continue onto Van Fleet Trail
5.	29.2	<i>i</i>	Trail finish at Mabel Trailhead, County Road 772, Webster, FL, USA
6.	29.3		End of route

29.3 miles. +92/-137 feet