



Bike Florida

**55+**  
**COAST-TO-COAST  
BICYCLE TOUR**  
JANUARY 4-7, 2024

**St Petersburg to Titusville**

- 3 nights, 4 days
- 40-60 miles/day (250+ miles total)
- fully supported ride
- hotels (with breakfast) included
- luggage and bicycle transportation included
- social gatherings and after-ride excursions

**Full details at:**  
[bikeflorida.org/florida-bike-rides-and-tours/](http://bikeflorida.org/florida-bike-rides-and-tours/)



**NOTE: This itinerary is preliminary.** Some things may change between now and the tour date due to availability, weather and/or schedule changes. **Look for emails closer to the tour that might include changes.**

**This is a go-at-your-own-pace tour.** Start times and pace are up to you. If you are unable to do all the mileage planned for any given day, we can arrange for you and your bike to be picked up and brought back to the hotel when you feel you are done for the day.

#### OVERVIEW:

- This is an 55+ co-ed tour across the state of Florida organized by [Bike Florida](http://Bike Florida)
- Tour begins in St. Petersburg, FL and ends in Titusville, FL.
- Tour includes 3 nights of hotel accommodations and transportation from Titusville back to St. Petersburg at the end of the tour.
- Vehicle and bicycle trail support (SAG) available.
- This is a go-at-your-own-pace tour. We will include points of interest and places for photo opportunities should you want to meander, shop or take in the scenery along the way.
- **PLEASE NOTE:** You will receive an information packet **one month before** the tour start date that will list sightseeing opportunities along your daily routes, exact location of SAG (rest stops), activities in the area for post ride free time, dining experiences & more.

## DAY ONE

Thursday, January 4, 2024

1. Meet at [Demens Landing](#), St. Petersburg, FL at 7:30am.
  - **Demens Landing:** Bayshore Dr. & 2nd Ave. S, 525-549 2nd Ave SE, St. Petersburg, FL 33701
  - Drop luggage and bicycle off with tour attendees (you will see the Bike Florida van), then park your vehicle.
  - Nearby pay on your own parking garage: 200-298 2nd St S, St. Petersburg, FL 33701 (Cost: approximately \$40 for the duration of the tour)
  - We will have a brief orientation and light snacks will be offered. Restrooms at Demens Landing will be open.
  - Tour begins at 8:30 AM.
  - **PLEASE NOTE:** This ride begins in St. Petersburg, FL and ends in Titusville, FL. You, your luggage, and your bicycle will be transported back to St. Petersburg at the end of the tour.
2. **Tour Route** for Day 1: <https://ridewithgps.com/routes/41347597>
  - There will be support vehicles and riders along the tour route to assist you should you need help.
  - There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).
3. **Tour End** for Day 1: <https://www.hilton.com/en/hotels/pietyhx-hampton-odessa-trinity/>
  - You will ride to hotel. A tour attendee will meet you there and assist you with the check-in procedure.
  - Bikes are permitted in rooms.
  - There will be a social gathering with beverages provided, venue TBD
  - You will be responsible for your own evening meal.

## DAY TWO

Friday, January 5, 2024

1. **Tour begins** at 8:00AM outside of hotel lobby.
  - **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the van.**

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- Hotel provides breakfast.
2. **Tour Route** for Day 2: <https://ridewithgps.com/routes/41347610>
    - There will be support vehicles and riders along the tour route to assist you should you need help.
    - There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).
  3. **Tour End** for Day 2: <https://www.ihg.com/holidayinnexpress/hotels/us/en/clermont/cmtfl/hotel/detail>
    - There is a 24 mile gap in the trail connections that you will be transported over. The transportation vehicles will be there at the end of your ride to take you and your bike to the hotel. A tour attendee will meet you there and assist you with the check-in procedure.
    - Bikes are permitted in rooms.
    - There will be a social gathering with beverages provided, venue TBD.
    - You will be responsible for your own evening meal.

## DAY THREE

Saturday, January 6, 2024

1. **Tour begins at 8:00AM** outside of hotel lobby.
  - **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the Bike Florida van.**
  - This hotel provides breakfast.
2. **Tour Route** for Day 3: <https://ridewithgps.com/routes/41347620>
  - There will be support vehicles and riders along the tour route to assist you should you need help.
  - There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).
3. **Tour End** for Day 3: <https://www.marriott.com/en-us/hotels/mcoml-orlando-marriott-lake-mary/overview/>
  - You will ride to hotel. A tour attendee will meet you there and assist you with the check-in procedure.

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- Bikes are permitted in rooms.
- There will be a social gathering with beverages provided, venue TBD.
- You will be responsible for your own evening meal.

## DAY FOUR

Sunday, January 7, 2024

1. **Tour begins at 8:00AM**, outside of hotel lobby.
  - **Please have your belongings in hotel lobby by 7:30 AM so they can be placed on the luggage van.**
  - This hotel provides breakfast.
2. **Tour Route** for Day 4: <https://ridewithgps.com/routes/41347641>
  - There will be support vehicles and riders along the tour route to assist you should you need help.
  - There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).
3. **Tour End** for Day 4: Titusville Visitor's Center | 419 S Hopkins Ave, Titusville, FL 32780
  - There will be a celebratory gathering at the Welcome Center, with beverages and light snacks provided.
  - Photo opportunities will be available.
  - **Congratulations! You have finished the 18+ co-ed C2C Tour!**
  - **\*\*\*NOTE:** At approximately 4pm, the transport vehicles will be ready to begin our ride back to St. Petersburg. If you are not local to the St. Petersburg area, you may want to arrange for a hotel for the evening.
  - **We hope to see you back next year!**

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