



Bike Florida

**55+**  
**COAST-TO-COAST  
BICYCLE TOUR**  
**November 7-10, 2024**

3 nights, 4 days  
40-60 miles/day (~210 miles total)  
fully supported ride  
hotels (with breakfast)  
luggage & bicycle transport

REGISTER AT  
BIKEFLORIDA.ORG

**NOTE: This itinerary is preliminary.** Some things may change between now and the tour date due to availability, weather and/or schedule changes. **Look for emails closer to the tour that might include changes.**

**This is a go-at-your-own-pace tour.** Start times and pace are up to you. If you are unable to do all the mileage planned for any given day, we can arrange for you and your bike to be picked up at either SAG stop, which are at approximately mile 20 and 35-40. **Please be prepared to ride to one of those two points before coming off.**

#### OVERVIEW:

- This is an 55+ co-ed tour across the state of Florida organized by [Bike Florida](https://www.bikeflorida.org)
- Tour begins in St. Petersburg, FL and ends in Titusville, FL.
- Tour includes 3 nights of hotel accommodations and transportation from Titusville back to St. Petersburg at the end of the tour.
- Vehicle and bicycle trail support (SAG) available.
- **PLEASE NOTE:** You will receive weekly emails beginning a few weeks before the tour start date, and every week until the tour. These will include any route changes, details about the trails we will be riding, interesting sights, dining opportunities, etc. (rest stops), activities in the area for post ride free time, dining experiences & more.

➔ **FULL TOUR ROUTE LINK HERE:** <https://ridewithgps.com/routes/41347597>

## DAY ONE

Thursday, November 7, 2024

1. Meet at [Demens Landing](#), St. Petersburg, FL at 7:30am.
  - **Demens Landing:** Bayshore Dr. & 2nd Ave. S, 525-549 2nd Ave SE, St. Petersburg, FL 33701
  - Drop luggage and bicycle off with tour attendees (you will see the Bike Florida van), then park your vehicle.
  - Nearby pay on your own parking garage: [SOUTHCORE PARKING GARAGE](#), 101 1st Ave S, St Petersburg. This is a public parking garage and we do not need any kind of identification to park there. **NOTE:** *We are aware that the parking information they give says your vehicle will be towed after 3 days. This does not happen. We will have until end of day on Sunday to move our vehicles. We have parked there for all of our tours (12 total, so far) and not one car has been towed. Please trust us on this!*
  - We will have a brief orientation and light snacks will be offered. Restrooms at Demens Landing will be open.
  - Tour begins at 8:30 AM.
  - **PLEASE NOTE:** This ride begins in St. Petersburg, FL and ends in Titusville, FL. You, your luggage, and your bicycle will be transported back to St. Petersburg at the end of the tour.
2. **Tour Route** for Day 1:
  - There will be support vehicles and riders along the tour route to assist you should you need help.
  - There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).
3. **Tour End** for Day 1: [Hampton Inn Odessa Trinity](#)
  - You will ride to hotel. A tour attendee will meet you there and assist you with the check-in procedure.
  - Bikes are permitted in rooms.
  - There will be a social gathering with beverages provided, venue TBD
  - You will be responsible for your own evening meal. Nearby eateries include: [Starkey Market](#) and [Big Storm Brewing](#), both a short bike ride, walk or Uber/Lyft ride away.

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## DAY TWO

Friday, November 8, 2024

1. **Tour begins** at 8:00AM outside of hotel lobby.
  - **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the van.**
  - Hotel provides breakfast.
2. **Tour Route** for Day 2:
  - There will be support vehicles and riders along the tour route to assist you should you need help.
  - There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).
3. **Tour End** for Day 2: [Holiday Inn Express Clermont](#)
  - There is a 24 mile gap in the trail connections that you will be transported over. The transportation vehicles will be there at the end of your ride to take you and your bike to the hotel. A tour attendee will meet you there and assist you with the check-in procedure.
  - Bikes are permitted in rooms.
  - There will be a social gathering with beverages provided, venue TBD.
  - You are responsible for your own evening meal. There are nearby restaurants that you can walk, ride, or Uber/Lyft to. This one is close and accommodates vegan and gluten free diets: [Guru Restaurant](#). There is also a brewery in town: [Clermont Brewing Co](#)

## DAY THREE

Saturday, November 9, 2024

1. **Tour begins at 8:00AM** outside of hotel lobby.
  - **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the Bike Florida van.**
  - This hotel provides breakfast.
2. **Tour Route** for Day 3:
  - There will be support vehicles and riders along the tour route to assist you should you need help.

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- There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).

3. **Tour End** for Day 3: [Westin Lake Mary, Orlando North](#)

- You will ride to hotel. A tour attendee will meet you there and assist you with the check-in procedure.
- Bikes are permitted in rooms.
- There will be a social gathering with beverages provided, venue TBD.
- You will be responsible for your own evening meal. There are a variety of restaurants within a very short walking distance from the hotel. Here are a few recommendations: [F&D Prime](#), [FishBones](#), [Duffy's](#)

## DAY FOUR

Sunday, November 10, 2024

1. **Tour begins at 8:00AM**, outside of hotel lobby.

- **Please have your belongings in hotel lobby by 7:30 AM so they can be placed on the luggage van.**
- Breakfast will be provided at the hotel.

2. **Tour Route** for Day 4:

- There will be support vehicles and riders along the tour route to assist you should you need help.
- There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).

3. **Tour End** for Day 4: Titusville Visitor's Center | 419 S Hopkins Ave, Titusville, FL 32780

- There will be a celebratory gathering at the Welcome Center, with beverages and light snacks provided.
- Photo opportunities will be available.
- **Congratulations! You have finished the 55 Plus C2C Tour!**
- **\*\*\*NOTE:** At approximately 4pm, the transport vehicles will be ready to begin our ride back to St. Petersburg. If you are not local to the St. Petersburg area, you may want to arrange for a hotel for the evening.
- **We hope to see you back next year!**

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