



2026 FALL SUNFLOWER TOUR

 **NOVEMBER 19-22, 2026**

Titusville to St. Petersburg

- 3 nights, 4 days
- 40-60 miles/day (~210 miles)
- fully supported ride
- hotels (with breakfast) included
- luggage and bicycle transportation included
- social gatherings & after-ride excursions

Details at:
bikeflorida.org



NOTE: This itinerary is preliminary. Some things may change between now and the tour date due to availability, weather and/or schedule changes. **Look for emails closer to the tour that might include changes.**

This is a go-at-your-own-pace tour. Start times and pace are up to you. If you are unable to do all the mileage planned for any given day, we can arrange for you and your bike to be picked up at either SAG stop, which are at approximately mile 20 and 35-40. **Please be prepared to ride to one of those two points before coming off.**

OVERVIEW:

- This is an all-women's tour across the state of Florida organized by Bike Florida
- **IMPORTANT:** We will be boarding a bus in St. Petersburg and driving to Titusville, where we begin our tour, riding back to St. Petersburg. If you are meeting us in Titusville, you will need to find your own ride back to Titusville. ***Bike Florida does not offer transport back to Titusville.***
- Tour includes 3 nights of hotel accommodations and transportation from St. Petersburg to Titusville to begin the tour.
- Vehicle and bicycle trail support (SAG) available.
- **PLEASE NOTE:** You will receive weekly emails beginning a few weeks before the tour start date, and every week until the tour. These will include any route changes, details

about the trails we will be riding, interesting sights, dining opportunities, etc. (rest stops), activities in the area for post ride free time, dining experiences & more.

A NOTE ABOUT ROUTE MARKERS: With the increased use of markings on the trails by various bike clubs and touring organizations, cities and counties are asking that we cease marking the trails. Bike Florida uses [Ride with GPS](#) to create our routes and encourages all of our participants to use it while on tour with us to ensure a successful ride.

DAY ONE

Thursday, November 19, 2026

PLEASE NOTE: This ride boards a bus in St. Petersburg, FL, to Titusville, FL. You will be cycling from Titusville to St Petersburg. If you live closer to Titusville and plan on meeting us there, you will need to provide your own transportation back to Titusville from St. Petersburg, where the tour ends.

1. GETTING ON THE ROAD

- **MEETING TIME:** 6:00-6:30 a.m.
- **MEETING PLACE:** [SouthCore Parking Garage](#), 101 1st Ave S, St Petersburg, FL 33701
- **LUGGAGE:** Park outside the garage and unload your luggage and bike. Bike Florida volunteers will assist you.
- **PARKING:** After unloading, please proceed to park in the garage on levels 3, 4 or 7. Level 7 has charging stations. You will pay for parking at the end of the tour when you are leaving the garage. This is a public parking garage and we do not need any kind of identification to park there. (**NOTE:** We are aware that the parking information they give says your vehicle will be towed after 3 days. This does not happen. We will have until end of day on Sunday to move our vehicles. We have parked there for all of our tours and not one car has been towed. Please trust us on this!)
- **BOARDING:** We will be boarding the bus immediately after parking your cars. Please make sure you leave plenty of time for morning traffic to insure you make it on the bus.
- **BUS LEAVES PROMPTLY AT 7:30 AM** (earlier if everyone is ready)
- **ARRIVING IN TITUSVILLE:** We will arrive in Titusville around 10:00 AM. The [Titusville Welcome Center](#) will be open and will offer a light breakfast. Restrooms will be open.
- **TOUR START:** Tour begins ~ 10:30 AM. We have a 50 mile day ahead of us but no worries about getting to the hotel early; you will wait for a room

2. RIDING

- **RIDE WITH GPS ROUTE:** <https://ridewithgps.com/routes/45863988>
- **SUPPORT:** There will be support vehicles and riders along the tour route to assist you should you need help.
- **REST STOPS:** There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).

3. DAY'S END

- **HOTEL:** You will ride to hotel ([Westin Lake Mary, Orlando North](#)). A tour attendee will meet you there and assist you with the check-in procedure.
- **YOUR BIKE:** Bikes are permitted in rooms.
- **GATHERING:** There will be a social gathering with beverages provided
- **DINNER:** You will be responsible for your own evening meal. There are a variety of restaurants within a very short walking distance from the hotel. Here are a few recommendations: [F&D Prime](#), [FishBones](#), [Duffy's](#)

DAY TWO

Friday, November 20, 2026

1. GETTING ON THE ROAD

- **MEETING TIME:** 8:00AM
- **MEETING PLACE:** Outside of the hotel lobby
- **LUGGAGE:** **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the van**
- **BREAKFAST:** Hotel provides breakfast

2. RIDING

- **RIDE WITH GPS ROUTE:** <https://ridewithgps.com/routes/45899409>
- **SUPPORT:** There will be support vehicles and riders along the tour route to assist you should you need help.
- **REST STOPS:** There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).

3. DAY'S END

- **HOTEL:** Today's riding will end at: [Holiday Inn Express Clermont](#). A tour attendee will meet you there and assist you with the check-in procedure.
- **YOUR BIKE:** Bikes are permitted in rooms.
- **GATHERING:** There will be a social gathering with beverages provided
- **DINNER:** You are responsible for your own evening meal. There are nearby restaurants that you can walk, ride, or Uber/Lyft to. This one is close and accommodates vegan and gluten free diets: [Guru Restaurant](#). There is also a brewery in town: [Clermont Brewing Co](#)

DAY THREE

Saturday, November 21, 2026

1. GETTING ON THE ROAD

- **MEETING TIME:** 8:00AM
- **MEETING PLACE:** Outside of the hotel lobby
- **LUGGAGE:** **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the van**
- **BREAKFAST:** Hotel provides breakfast
- **TRAIL GAP:** There is a 24 mile gap in the trail connections that you will be transported over to start today's ride at Ridge Manor Trailhead on the Withlacochee Trail. Bus leaves promptly at 8:00 AM.

2. RIDING

- **RIDE WITH GPS ROUTE:** <https://ridewithgps.com/routes/45901022>
- **SUPPORT:** There will be support vehicles and riders along the tour route to assist you should you need help.
- **REST STOPS:** There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).

3. DAY'S END

- **HOTEL:** Today's riding will end at: [Hampton Inn Odessa Trinity](#). A tour attendee will meet you there and assist you with the check-in procedure.

- **YOUR BIKE:** Bikes are permitted in rooms.
- **GATHERING:** There will be a social gathering with beverages provided
- **DINNER:** You will be responsible for your own evening meal. Nearby eateries include: [Starkey Market](#) and [Big Storm Brewing](#), both a short bike ride, walk or Uber/Lyft ride away.

DAY FOUR

Sunday, November 8, 2026

1. GETTING ON THE ROAD

- **MEETING TIME:** 8:00AM
- **MEETING PLACE:** Outside of the hotel lobby
- **LUGGAGE:** **Please have your belongings in hotel lobby by 7:30 AM so they can be placed in the van**
- **BREAKFAST:** Hotel provides breakfast

2. RIDING

- **RIDE WITH GPS ROUTE:** <https://ridewithgps.com/routes/45903507>
- **SUPPORT:** There will be support vehicles and riders along the tour route to assist you should you need help.
- **REST STOPS:** There will be two rest stops along the way for water, energy drinks and snacks - one at 20 miles and one at 40 miles (approximate).

3. DAY'S END

- **TOUR END:** [Demens Landing](#): Bayshore Dr. & 2nd Ave. S, 525-549 2nd Ave SE, St. Petersburg, FL 33701
- **CELEBRATE:** **Congratulations! You have finished the tour!** There will be a celebratory gathering at the park, with beverages and light snacks provided. Photo opportunities will be available.

We hope to see you back on another tour!
